3M[™] Red Dot[™] Monitoring Electrodes with Foam Tape and Sticky Gel

Commonly Asked Questions

Question:

Why are there so many different types of backings that are available in the 3M™ Red Dot™ product line?

Answer:

Some are for use in long-term wear situations and others are for short-term situations and still others are for problem adhesion conditions.

- Micropore™
- Foam
- Clear Plastic
- Soft Cloth

Question:

What is the difference(s) between a short-term and long-term electrode?

Answer:

Short-term electrodes:

- Used for a shorter period.
- Less porous/occlusive.
- Good initial tack.
- Used for demanding applications.

Long-term electrodes:

- Used for a longer period.
- More porous/breathable.
- Clinically tested to be safe and effective for long-term use (up to 5 days).

Please note that there have been cases where long-term electrodes have worked well in place of short-term electrodes. The preference to use long- or short-term electrodes depends on customer preference and their clinical knowledge and experience.

Question:

What is the difference between a solid gel and a wet gel?

Answer:

Solid gel:

- No gel squeezes out.
- Gel does not interfere with adhesion.
- No messy residue left after removal.
- Allows for good skin contact.
- Low chloride content to minimize skin irritation from gel.

Wet gel:

- Leaves residue after removal.
- Residue clean up time.
- Possibility of gel interfering with adhesion.

Question:

Why is skin abrading recommended prior to attaching electrodes?

Answer:

To reduce skin impedance and expose the inner conductive layer of the epidermis to enhance trace quality. 3M[™] Red Dot[™] Trace Prep is a "tool" to solve trace quality issues and artifacts (if skin impedance related). Virtually all electrodes face trace quality and skin impedance issues. 3M[™] Red Dot[™] Trace Prep is designed to minimize those issues. Skin abrading is not only meant for 3M[™] Red Dot[™] electrodes, it is a good practice to enhance trace quality. 3M has designed this tool to solve customer issues related to trace quality.

Question:

What is sticky gel?

Answer:

A new technology with conductive adhesive in place of the gel column that provides intimate skin contact along the surrounding pressure sensitive adhesive.

Question:

Is this electrode recommended for long- or short-term monitoring?

Answer:

These electrodes can be used for either short- or long-term monitoring. Both electrodes have a 5-day wear claim.

Question:

How does this electrode differ from other 3M electrodes?

Answer:

The 2560 and 2570 have sticky gel, longer wear-time claim, and convenient strip delivery.

For More Information

Contact your 3M Health Care Sales Representative, or call the 3M Health Care Customer Helpline at **1-800-228-3957**. These products can be ordered from your local distributor. Outside the United States, contact the local 3M subsidiary.

Health Care

3M Center, Building 275-4W-02 St. Paul, MN 55144-1000 USA 1 800 228-3957 www.3M.com/healthcare